



News Release

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Sexting Seattle doctor suspended indefinitely

OLYMPIA — The Medical Commission indefinitely continued the suspension of the medical license of Seattle physician Arthur K. Zilberstein (MD00035662) for compromising patient safety due to his preoccupation with sexual matters while on duty.

Zilberstein is required to undergo a thorough mental and behavioral evaluation and follow its recommendations. He will be monitored by Washington Physicians Health Program to ensure that he follows the sanctions. He was also fined \$5,000.

The Seattle doctor frequently exchanged sexually explicit texts during surgeries when he was the responsible anesthesiologist, improperly accessed medical-record imaging, and had sexual encounters at his workplace.

Zilberstein also issued unauthorized prescriptions for controlled substances and legend drugs outside of his medical practice and didn't conduct proper evaluations, diagnoses, or treatment plans for these patients. He didn't obtain their informed consent, provide anti-drug diversion safeguards for controlled substances, or keep medical records, and had sexual relations with one patient for whom he was prescribing drugs.

Zilberstein may petition for license reinstatement only after the completed evaluation and recommendations are available to the commission.

Legal documents in this case are available by calling 360-236-4700 or online by clicking the link to "[Provider Credential Search](#)" on the [agency home page](#).

The Medical Commission protects and promotes public health, safety, and welfare in Washington by regulating physicians' and physician assistants' competency and quality. The

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commission develops rules, policies, and procedures to promote delivery of high-quality health care to state residents.

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